

Your Life, Your Community: Know Your Rights!

Oregon has new rules that will help you be a member of your community and make choices in your life. Read more about the rules:

Be a Member of Your Community!



Communities are strongest when everyone participates. You have a right to be an active member of your community.

Receive Services in the Community!



Everyone benefits when people live and work in integrated places. You have the right to fully access your community.

Choose Where You Get Services!



People are happiest when they have choice and control in their lives. You choose where and how you spend time in your community.

Decide Who Provides Your Services!



People are successful when they like who supports them. You get to choose who supports you.

What does this mean for you?



"I can have support to live, work and play in my community just like everyone else!"

"I choose where I live and who supports me!"



For more information, please visit our website at:
<http://www.oregon.gov/dhs/seniorsdisabilities/HCBS/Pages/Index.aspx>.
If you have questions please email: hcbs.oregon@state.or.us.