



June 4, 2015

Friends,

We are in the midst of an exciting time in the self-advocacy movement. Ideas like “nothing about us without us” are spreading. People with intellectual and developmental disabilities have never been more involved in social changes that improve quality of life and equality. Dr. Tanya Whitehead has been instrumental in initiating these positive changes and has extensive experience in higher education and research. She has an Interdisciplinary doctorate degree in the fields of Education and Psychology and over 28 years in research. Dr. Whitehead is an Associate Research Professor at the University of Missouri in Kansas City (1996-present) and is engaged in supporting People First leaders in their self-advocacy movement.

People First of Utah has copies of Dr. Whitehead’s book available for purchase. **Social Power Constructs: Exploring Power Regularities in Self-Advocacy and Empowerment** is a valuable guide for the advancement of the self-advocacy movement. We are accepting orders now and will have them available for pick up at the NACDD conference July 20-23, 2015 in Reno, NV for those who preorder. To reserve your copy, please send an email listing your contact information and number of copies requested to [peoplefirstofutah@gmail.com](mailto:peoplefirstofutah@gmail.com) or call 801-533-3965. Each book features a beautifully colored cover and is priced at \$15. Reserve your copies today!