

Because some individuals are sensitive to particular scents, we ask attendees to not wear heavy perfumes or fragrances during the conference! Thank You!



## TUESDAY, NOVEMBER 4, 2014 - AGENDA

8:00 - 9:00am  
**CAPITOL  
ILLINOIS**

Registration and Accessibility Table in Mezzanine/Exhibit Area



Continental Breakfast



**Exhibitors with products  
available for purchase will be in the  
Mezzanine during the breaks!**



9:00 - 10:15am  
**CAPITOL  
ILLINOIS**

**General Session 1:  
Housekeeping and Welcome:  
Sheila Romano and Bill Bogdan**

**Keynote Presentation:**

**“YOU ARE MAGNIFICENT  
Share Your Story with the World”**

**Presented by Bridget Brown  
with other magnificent speakers, Jessica Martin, Kelly Neville and Aubrie Westmaas**

Bridget has her own consulting and public speaking organization called **BUTTERFLIES FOR CHANGE**. She believes that all people are magnificent just the way they are. Bridget helped develop a public speaker's training program for individuals with Down Syndrome through the National Association for Down Syndrome. Training others to speak out on behalf of themselves and on behalf of all people who are left out is one of her greatest accomplishments. Bridget has invited other magnificent people to join her to share their amazing adventures: Jessica Martin, Kelly Neville and Aubrie Westmaas.



**TUESDAY, NOVEMBER 4, 2014 - AGENDA**

10:45 -  
11:45am



**Michelle Arnold**

**CONFERENCE  
CENTER 2**



**“Going Home: Learn  
To Take Action”**

Going Home is an advocacy campaign dedicated to full inclusion and equality for people with intellectual and developmental disabilities. Come learn about campaign events, get involved and take action.

**Moderator  
Barbara Pritchard**

**Stephanie Campbell  
Shirley Pacey**

**CONFERENCE  
CENTER 4**



**“WHO Am I?  
Who Are You?”**

Do you get tired of people treating you different because you have a disability? Do you want people to see the real you? We will watch the DVD, **“I am NOT my disability,”** created by self-advocates. Everyone will be able to create art which shows who you really are. We will practice speaking up for ourselves and practice supporting each other with kindness.

**Moderator  
Krescene Beck**

**Rebecca Romberger**

**RENDEZVOUS  
ROOM**



**“WERQ”**

Werq is the fiercely fun dance fitness class based on pop, rock, and hip hop music taught by Certified Fitness Professionals.

**Moderator  
Lydia Galan**

**Sarah Armour  
JJ Hanley**

**PLAZA III  
ROOM**



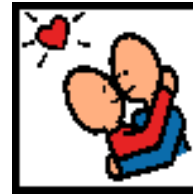
**“Social Media = Self  
Advocacy = You!”**

Blog? Tweet? Review? Join the Disability Awareness Movement with the jjslist.com, Social Media Team. You will learn on-line self-advocacy skills that you can use today to speak out for disability-aware customer service and workplaces. Hashtag#SUSO2014

**Moderator  
Cathy Christensen**

**Susan Kahan  
Tia Nelis  
Linda Sandman**

**EMBASSY  
BALLROOM**



**“Self-Advocates and  
Sexuality: We Have  
Rights!”**

Sexual self-advocacy involves making choices, respecting yourself and others and communicating about what you want and need. This workshop will be interactive where you can use your self advocacy skills to talk about healthy relationships and speak up for your rights about sexuality.

**Moderator  
Sandy Ryan**

**Jennifer Knapp  
Tara Wickey**

**AMBASSADOR  
BALLROOM**



**“New Services &  
Advocacy Opportunities”**

We have learned from YOU and taken your ideas to the state! The Alliance has been working with self advocates from around Illinois on implementing a new service called **Self Directed Living** as well as moving towards more alternative day options for folks with developmental disabilities. Come and see how you can make a difference!

**Moderator  
Janinna Hendricks**

12:00-  
2:00pm

**CAPITOL  
ILLINOIS**



**Lunch**

**Open Mic Session and Self-Advocacy Alliance Presentation**



**Moderators:  
Krescene Beck and Megan Norlin**

**TUESDAY, NOVEMBER 4, 2014 - AGENDA**

2:15 -  
3:15pm



**Missy Kichline**

**CONFERENCE CENTER 2**



***“What is a Ligas Family Advocate?”***

Have you heard of the Ligas Family Advocate Program? It may benefit you. This session will explain the Ligas Family Advocate Program, what the mission of the program is and the initial service areas. The end of the session will be a brief sharing time on how folks who have been selected from the PUNS are using their supports/ services.

**Moderator  
Barbara Pritchard**

**Julie Halfen  
Sarah Weinstein**

**CONFERENCE CENTER 4**



***“We Love Our Jobs: Our Path to Work!”***

Sarah and Julie are both passionate and engaging young adults who have found a job they love in their home community. Sarah and Julie also happen to share a strong bond as friends and they both have Down Syndrome. They are carving out a full and happy life that centers around the world of work. Please join these vibrant young women as they share their ups and downs, their path to a career and their hopes and dreams for the future.

**Moderator  
Sandy Ryan**

**Mike Hanover  
Rachel Spidalette  
Laura Fine  
David Geslak**

**RENDEZVOUS ROOM**



***“Transform Your Life Through Exercise”***

Rachel and Mike will reveal how exercise became their gateway to success. Partnered with Coach Dave and Coach Laura, they will share their journey and mission to change the perception and expectations in the disability community.

**Moderator  
Lydia Galan**

**Alyssa Ruzzin**

**PLAZA III ROOM**



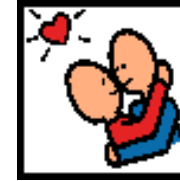
***“Lost Child? The Story of a Sister & Brother”***

We will be screening and discussing the documentary film, “LOST CHILD?”: the story of a sister and a brother and the film that made them family again. She’s funny. He’s not. She’s articulate. He rambles. She battles with epilepsy and a developmental disability. He doesn’t ...and he’s got a lot to learn.

**Moderator  
Janinna Hendricks**

**Susan Kahan  
Tia Nelis  
Linda Sandman**

**EMBASSY BALLROOM**



***“Self-Advocates and Sexuality: We Have Rights!”***

Sexual self-advocacy involves making choices, respecting yourself and others and communicating about what you want and need. This workshop will be interactive where you can use your self advocacy skills to talk about healthy relationships and speak up for your rights about sexuality.

**Moderator  
Deb Fornoff**

**Jennifer Knapp  
Tara Wickey**

**AMBASSADOR BALLROOM**



***“New Services & Advocacy Opportunities”***

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**Moderator  
Krescene Beck**

3:30-  
5:30

**Free Time and Exhibits, including an opportunity for a “Drumming for Health” session.**

**RENDEZVOUS ROOM - - - - 3:30-4:15 or 4:45-5:30 p.m.**



**Facilitated by  
Phyllis Mueller**

5:30-  
7:00

**CAPITOL ILLINOIS**

**Dinner**



7:30-  
10:30

**CAPITOL ILLINOIS**

**Entertainment  
Costumes Encouraged**



**Dance: DJ Barry Jones, One Man Productions  
Wii Game Entertainment System  
(Optional Cash Bar)**

WEDNESDAY, NOVEMBER 5, 2014 - AGENDA

8:00 - 9:00am  
CAPITOL  
ILLINOIS

Hot Breakfast



9:00 - 10:30am  
CAPITOL  
ILLINOIS

General Session 2:

*“Going Home in Illinois”*

*Special Guest:*

**Kevin Casey,**  
Director, Division of Developmental Disabilities, DHS

**Moderator - Sheila Romano**



10:30 - 11:00am

BREAK

*This is a good time to check out of your hotel room, if you have not already!*



## WEDNESDAY, NOVEMBER 5, 2014 - AGENDA

11:00 am-  
12:00pm



**Kathy Hooyenga  
Patricia Politano**

**CONFERENCE  
CENTER 2**



***“I Can Do It Myself:  
Case Examples Using  
Mobile Technology”***

Case examples will be presented of transition-age students who were provided mobile technology solutions to support vocational independence and community living, specifically to meet individual needs for assistance with memory, social networking, communication and work.

**Moderator  
Deb Fornoff**

**Candace Coleman  
Fulani Thrasher**

**CONFERENCE  
CENTER 4**



***“Diversity of People  
with Disabilities—  
I’m Cool. You’re  
Cool. We Are Cool!”***

It is time to claim your own identity! In this workshop the audience will get a chance to explore their own identities and share experiences and stories that have shaped who they are as people with disabilities. We will then use this knowledge to help shape policies and laws. Through group activities and sharing experiences, we hope to uncover a new way of understanding disability and create disability pride and acceptance.

**Moderator  
Jennifer Knapp**

**Susy Woods**

**RENDEZVOUS  
ROOM**



***“Hello, Mr. Legislator  
... Let’s Talk”***

This interactive session will look at how to find out who your legislators are, what you need to know about them, and how to contact them by phone, email, mail and, most importantly, in person. We will be doing some role playing about what to do in a meeting and what not to do in a meeting. Most importantly we will learn about how to work proactively with legislators to make changes that will help everyone have a better life.

**Moderator  
Cathy Christensen**

**Martie Buck  
Kathy Haberer**

**PLAZA III  
ROOM**



***“Transition, Inclusion,  
Independence at Lewis  
& Clark Community  
College”***

Transition, Inclusion, Independence (T I Squared) a new ICDD grant-funded program geared towards high school seniors who plan to attend college and who would benefit from taking a class or two on a college campus with the support of learning coaches and peer mentors. These students receive one-on-one support for two semesters prior to high school graduation.

**Moderator  
Krescene Beck**

**John Fallon  
Stephanie Sideman**

**EMBASSY  
BALLROOM**



***“Why Couldn’t I  
Have My Own Apart-  
ment? - Creating  
Supportive Housing”***

Find out about Supportive Housing and how Illinois could create a new option for people wanting their own apartment with their own lease and get to choose the services they feel help them most. Creating Supportive Housing, as a part of an initiative funded by ICDD, toured the state and found great interest from providers, family members, and self-advocates.

**Moderator  
Barbara Pritchard**

**Sherri Schneider**

**AMBASSADOR  
BALLROOM**



***“Understanding and  
Managing Your  
Government Benefits”***

During this interactive informative session, you will get to understand the government benefits that you have, how you can work and keep these benefits, and how you can plan and save to make a business and keep your benefits. Please bring the names of the benefits you have to this session: SSDI, SSI, Medicare, Medicaid.

**Moderator  
Sandy Ryan**

12:00-1:00  
1:00-2:00

**CAPITOL  
ILLINOIS**

**Lunch and Keynote Presentation: “U and I: Unique and Incredible!”  
Presented by Chris Errera**

Individuals born with physical or developmental differences are constantly reminded by society that they are different from everyone else. People who will be tested by health or psychological problems during their lives have been conditioned to think that their new challenges will make them less than the person they were before. Chris Errera has lived a life of being physically different than most. He has overcome obstacles on a daily basis and will share his views on how we all must embrace our uniqueness and show the world all our incredible talents. We are ALL special. We ALL have dreams. Listen as Chris talks about his journey and be prepared to be inspired to follow your own individual paths in life.

**Moderator - Sheila Romano**

