

# Healthy Relationships and Sexuality Workshop Series for Self-Advocates

The workshops will be taught by self-advocates and national experts. All workshops are live, online via Zoom from 2:00 - 3:30 pm, Eastern Time. We would love to have you attend every session, but if you cannot come to all that is ok.

Register fast, the series is limited to 30.

**Sexual Self-Advocacy** January 22, 2024

**Identity and Self Esteem** January 29, 2024

**Healthy Relationships** February 5, 2024

**Meeting People and Dating** February 12, 2024

**Consent and Boundaries** February 26, 2024

**Body Parts, Sexual Feelings, and Pleasure** March 4, 2024

**Pleasurable and Safe Sexual Relationships** March 11, 2024

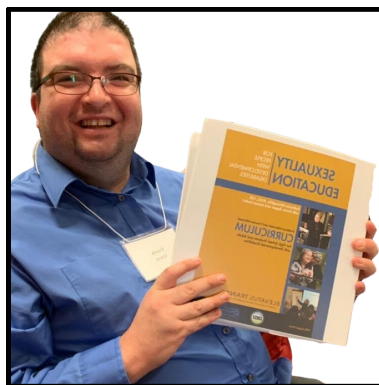
**Sexual Rights and Speaking Up** March 18, 2024

**Register here: Click the link or scan the QR code to register**

<https://www.surveymonkey.com/r/33BY3LS>



Max Barrows



Frank Vaca



Tia Nelis

