

# The value of an advocate's opinion...



The Ohio Developmental Disabilities Council is one of a national network of state councils, committed to self-determination and community inclusion for people with developmental disabilities. The Council consists of at least 30 members appointed by the governor. Members are people with developmental disabilities, parents and guardians of people with developmental disabilities, representatives from state agencies, and representatives from nonprofit organizations and agencies that provide services to people with developmental disabilities.

One of the Council's goals is to educate and inform how state and local government services and policies can be improved, expanded or strengthened on behalf of people with disabilities.

## Ohio Developmental Disabilities Council



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# ...is well worth the investment!

When individuals with developmental disabilities advocate for themselves, it's often a costly venture. Everyone wants to see individuals with developmental disabilities advocate for themselves. However, the expenses to attend even a one-day meeting can be too costly for a self-advocate.

The average cost for a self-advocate, based on governmental per diem and travel reimbursement rates is  
*This does not include lost wages from missing a day of work.*

**\$574** a day.

**\$312**

Personal Care  
Assistant for 24 hours

**\$100**

Mileage  
costs

**\$106**

Overnight  
lodging

**\$56**

Meals

The Ohio Developmental Disabilities Council urges organizations to financially support self-advocates so that they can attend meetings and events.  
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