How do YOU Flow?

Requesting participants for a research study,

"Assessing Menstrual Product Preferences of Young Autistic Menstruators"

Eligible Youth

- Residing in the United States
- Female assigned at birth and 17years-old or younger
- Have a current, clinical diagnosis of autism from a qualified professional
- No accompanying clinical intellectual or motor impairments
- Menstruating for at least a year (no more than 4 years)
- Experiencing regular (monthly) periods
- No history of pregnancy
- Can read or has access to supports to read written content in English

Eligible Caregivers

- Residing in the United States
- Female assigned at birth
- Legal guardian and primary supporter of youth and their menstrual care
- Experiencing or have experienced periods in the past
- Can read or has access to supports to read written content in English
- Have access to a web-enabled device (e.g., cellphone, computer, or tablet)

Youth will try different menstrual products during their periods and choose which product they liked the most! Caregivers will similarly answer questions about the menstrual products they buy for their youth.

*Though encouraged, youth do NOT have to try all products.









