## Sexuality and Healthy Relationships for Self-Advocates Taught by Self-Advocate Sexuality Educators and National Experts, A Four Part Series

Join NACDD, Elevatus Training, and the Michigan DD Council for this series. The sessions are:

Session 1: Becoming a Strong Sexual Self-Advocate: Beliefs, Knowledge, and Skills You Need February 15, 2-5pm, EST Register here: <u>https://nacddconferencetai.eventsmart.com/events/sessionone/</u>

Session 2: What Do You Want in a Relationship? How Do You Let Someone Know You Are Interested? How Do You Know If They Are Interested? April 5th, 2-5pm, EST Register here: <u>https://nacddconferencetai.eventsmart.com/events/sessiontwo/</u>

Session 3: Asking Someone Out, Going out on a Date, and All the Things to Think About. June 14th, 2-5pm, EST Register here: <u>https://nacddconferencetai.eventsmart.com/?p=895</u>

Session 4: Understanding your Body and Having Pleasurable and Safe Sexual Relationships. October 4th, 2-5pm, EST Register here: <u>https://nacddconferencetai.eventsmart.com/</u> post\_type=espresso\_events&p=896&preview=true

## Presenters:



**Max Barrows** 

Outreach Director, Green Mountain Self-Advocates



Tia Nelis Coordinator, Self-Advocate Engagement



Frank Vaca Self-Advocate, Sexuality Educator and Peer Mentor



Katherine McLaughlin M.Ed., AASECT Certified Sexuality Educator and Elevatus Training Founder, CEO, and Lead Trainer



Mary Shehan-Boogaard

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