

Sexuality and Healthy Relationships for Self-Advocates Taught by Self-Advocates and National Experts

Many people with disabilities never learned about sexuality and healthy relationships and we want that to change. Everyone is a sexual human being and deserves to learn about this topic. This workshop is for self advocates who want to learn more about Sexuality and Healthy Relationships. People with disabilities who have become sexuality educators have teamed up with national experts to present this workshop. We will explore what is sexual self advocacy, what are the barriers and helpful tools in being a strong sexual self-advocate, and practice how to speak up to have the life and relationships that you want!

Learning Objectives:

- Learn what sexual self-advocacy is.
- Hear about why it is hard to be a strong sexual self-advocate.
- Learn ways to build your sexual self-advocacy skills.
- Know your sexual and relationship rights.
- Know where to go to get help if your rights are violated.
- Practice speaking up for yourself about your relationships and in your relationships.

Who Should Attend: Self-advocates who want to learn about sexuality.

Presenters:



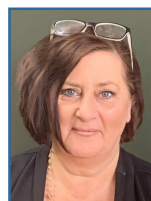
Frank Vaca
Self-Advocate, Sexuality
Educator and Peer Mentor



Katherine McLaughlin M.Ed.,
AASECT Certified Sexuality
Educator and Elevatus Training
Founder, CEO, and Lead Trainer



Tia Nelis
Coordinator,
Self-Advocate Engagement



Mary Shehan-Boogaard
Community Inclusion Coordinator,
Michigan Developmental Disabilities
Council

Training Date: October 12, 2021 2:00-5:00 PM EST Live, Online

Space is limited, register early here: <https://nacddconferencetai.eventsmart.com/?p=732>