# Interagency Committee on Disability research (ICDR) Logo You’re Invited

## Please join us for the Interagency Committee on Disability Research (ICDR) Lunch & Learn Webinar Series

**Thursday, July 22, 2021**

**11:00 a.m. – 12:00 p.m. (ET)**

## Presentation: Getting Older is Not for the Weak; An Evidence-Based Approach to Improving Mobility

**Objectives:**

* Appreciate how **medical deconditioning** in older adults impairs functional mobility and increases rehospitalization risk
* Recognize the practical application of **walking speed** in predicting hospitalization risk and mortality
* Understand the benefits of **high-intensity** approaches to rehabilitationto improve patient outcomes and optimize value

## Presenter

Jennifer Stevens-Lapsley, P.T., Ph.D.

Professor, Rehabilitation Sciences PhD Program Director

Department of Physical Medicine and Rehabilitation

School of Medicine

University of Colorado Anschutz Medical Campus

## Audience

The audience will include a wide range of ICDR stakeholders, federal interagency partners, researchers, practitioners, disability organizations and ICDR Committee members.

Space is limited. [Register now](https://url.emailprotection.link/?buHHEV4EZ87xhI7TQU2y_j2AM7e4a8sdhKHAEq5tr1P65_S5tQSBQ5qY1xo64kPVKZtnp9Dn_25u8Zx675hxXLfhwcXh91-poP-TYIpAnycbdgbXFbepkKSZ0syk46tS9LDwEowXylYdn8OaWmb4mGNJHrT5iUJM9cmKHq95wSZo~) to reserve your spot and to receive instructions for joining the webinar. Registration closes July 16.

The webinar will include real-time captioning and American Sign Language remote video interpreting. Presentation slides will be emailed to attendees prior to the meeting. If you need other disability-related accommodations, please specify your needs on the registration form. If you have difficulties registering, please email [events@1sourceevents.com](mailto:events@1sourceevents.com).